



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

JANUARY

Teen Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1 Happy New Year!	2 Teen Center Closed	3 Teen Center Closed	4
5	6 Teen Center Closed	7 Teen Center Closed	8 New Year Celebration 2-4PM	9 Drum Lessons 3-4PM	10 Makers Space 2-4PM	11
12	13 Music Production Workshop 3-4PM	14 Culinary Class 3-4PM	15 Boys Personal Training 3-4PM (Incentives Provided)	16 Girls Strength Training 2:30-3:30 (Incentives Provided) Makers Space 3-5PM	17 Fashion Design Workshop 3-4PM	18
19	20 Boys Personal Training 3-4PM (Incentives Provided)	21 Culinary Class 3-4PM	22 Boys Personal Training 3-4PM (Incentives Provided)	23 Drum Lessons 3-4PM	24 Fashion Design Workshop 3-4PM	25
26	27 Boys Strength Training 3-4PM (Incentives Provided)	28 Culinary Class 3-4PM	29 Achievers 3-4PM	30 Girls Strength Training 2:30-3:30 (Incentives Provided) Makers Space 3-5PM	31 Fashion Design Workshop 3-4PM	1

For more information contact Sam Brown at sbrown@ymcamidtn.org or at 615-297-6529

Our Mission: A worldwide charitable fellowship united by a common loyalty to Jesus Christ for the purpose of helping people grow in spirit, mind and body.